

Health History

The benefits of a happy, healthy smile are immeasurable. Our goal is to help you reach and maintain maximum oral health.

Please fill out this form completely. The better we communicate, the better we can care for you.

| ABOUT YOU | DENTAL INSURANCE | | |
|--|---|--|--|
| Today's date:/// | Do you have dental insurance through | | |
| Social Security # | your employer? ☐ Yes ☐ No | | |
| | If yes, please provide the following information: | | |
| Name: Last First Middle Initial | Dental Insurance Co. #1: | | |
| I like to be called: | Group # | | |
| Home Address: | Insurance Co. Phone # () | | |
| | Employer's Name: | | |
| Apt / Condo# City State Zip | Do you have other Dental Coverage? ■ Yes ■ No | | |
| Birthdate:// | This coverage is through: ☐ Spouse ☐ Parent ☐ Other | | |
| ☐ Single ☐ Married ☐ Divorced ☐ Widowed | Their Name: | | |
| Special interests, sports, or hobbies: | Their Employer: | | |
| | | | |
| Referred by: | Their Social Security # | | |
| Occupation: | Their Birthdate:// | | |
| Your Employer: | Dental Insurance Co. #2: | | |
| Address: | NTACT Insurance Co. Phone # () | | |
| | Group # | | |
| City State Zip Cell # () | σιουρ # | | |
| Home Phone # (| | | |
| Work Phone # () | Ext # | | |
| Email: | | | |
| When is the best time to reach you? | | | |
| Where? | Specific days? | | |
| In the event of an emergency, is there someone who lives near you that we could contact? | | | |
| Name: Relationship: | Phone # | | |

MEDICAL HISTORY Do you have a personal physician? Physician Name: ___ Physician Phone # (____)___ Approximate date of last visit: _____ Your current physical health is: ☐ Good ☐ Fair ☐ Poor Are you currently under the care of any physician? If yes, please explain: _ Do you smoke or use tobacco in any other form? Ν Are you presently taking any drugs prescribed by a physician or dentist? Ν If yes, please list: ____ Have you ever been diagnosed with Sleep Apnea? Ν If yes, do you wear a CPAP? N Other treatment? For Women: Are you pregnant? Y N Week # ___ Do you need to be premedicated before dental treatment? ■ Yes ■ No Have you had any serious medical problems in the last 5 years? Y If yes, please explain: _____ Please circle any of the following that apply Anemia Hemophilia / Abnormal Bleeding Cancer / Chemotherapy High / Low Blood Pressure HIV+ / AIDS **Chronic Hepatitis** Diabetes **Kidney Problems** Drug / Alcohol Abuse **Psychiatric Problems** Epilepsy / Seizures / Fainting Spells Severe Headaches Shinales Fever Blisters / Herpes Sickle Cell Disease / Traits Heart Attack / Stroke Heart Murmur / Rheumatic Fever Sinus Problems Tuberculosis Heart Surgery / Pacemaker Any other serious medical issues not listed above?____ OFFICE USE ONLY Doctor's comments: ___ Are you allergic to any of the following drugs? N Aspirin N Erythromcin N Codeine N Penicillin N Dental Anesthetics N Tetracycline Please list any other drugs you are allergic to: ____

| | DENTAL HISTORY | | |
|---|----------------|-----------|--|
| Why have you come to the dentist today? | | | |
| Are you curently in pain? | Υ | N | |
| Do you require antibiotics before dental treatment? | Υ | N | |
| Do you experience stress or anxiety when you visit a dental office? | Υ | N | |
| The approximate date of your last dental visit: | | | |
| Have you ever experienced TMJ problems? ■ Yes ■ No (TMJ is pain or discomfort in your jaw joints) | | | |
| | | | |
| Do you grind your teeth? | Υ | N | |
| Do you grind your teeth? Your current dental health is: Good Fair | | N Poor | |
| , , , | | | |
| Your current dental health is: ☐ Good ☐ Fair | | Poor | |

Payment is due in full at the time of treatment unless prior arrangements have been made

I understand that the information that I have given today is correct to the best of my knowledge.

I also understand that this information will be held in the strictest confidence and it is my responsibility to inform this office of any changes in my medical status.

| Da | t |
|----|----|
| L | a(|

Thank you for filling out this form completely. It will enable us to help you more effectively. If you have any questions at any time, please ask us. We are happy to help. Remember...

STOP SMILING AND THE COMMUNICATION ENDS!

Our offfice is HIPPA Compliant and committed to meeting or exceeding the standards of infection control mandated by OSHA, the CDC, and the ADA.



Payment & Cancellation Policy

It is the policy of this office that full payment is made for your care at the time of each visit. You may pay by cash, check, credit card, or make arrangements through one of our outside billing services. A late charge of \$25.00 and a service charge of 1.5% per month (18% per annum) on any unpaid balance will be charged on all accounts that exceed 30 days, unless previously written financial arrangements are satisfied. Whenever treatment is necessary, we will create a written financial arrangement.

As a courtesy to our guests with dental insurance, we will complete and submit our insurance claims for you. However, we do not accept assignment of benefits for dental insurance.

How will you be paying for your dental care?

Cash
Check
Major Credit Card
Coutside Billing Service (credit application required)
When you make an appointment we reserve that time solely for you. Please make every effort possible to keep your appointments. An office visit fee up to the amount of the scheduled procedure(s) will be charged for all appointments not kept unless you cancel or reschedule at least 48 hours in advance.

I understand and agree to this Payment and cancellation Policy.
I authorize Barbara Mallonee, DDS, Inc. to keep my signature on file and to charge the above credit card for treatment rendered.

Name

Signature

Date



<u>Section 1: Epworth Sleepiness Scale</u>
Please indicate how likely you are to doze off or fall asleep in the following situations: (0 = never, 1 = slight, 2 = moderate, 3 = high chance of dozing)

| CIRCLE ONE RESPONSE FOR EACH QUESTION | | | | |
|--|-----|--------|-----|-------|
| Sitting and reading | 0 | 1 | 2 | 3 |
| Watching television | | | 2 | 3 |
| Sitting in a public place | | 1 | 2 | 3 |
| As a passenger in a car for one hour | 0 | 1 | 2 | 3 |
| Driving a car stopped for a few minutes in traffic | | 1 | 2 | 3 |
| Sitting & talking to someone | 0 | 1 | 2 | 3 |
| Sitting down quietly after lunch without alcohol | 0 | 1 | 2 | 3 |
| Lying down to rest in the afternoon | 0 | 1 | 2 | 3 |
| Total Score: | | | | |
| Section 2: Patient Evaluation | | | | |
| Please circle yes or no response for each question | | No (0) | Yes | s (1) |
| BMI (See attached chart): Is it greater than or equal to 30? | | 0 | | 1 |
| Neck circumference: Is it > 17" (Men) or > 15" (Women)? | _ | 0 | | 1 |
| Have you gained at least 15 lbs. in the past 6 months? | _ | 0 | | 1 |
| Total Score: | | J | | • |
| Section 3: Subjective Sleep Evaluation | | | | |
| Please circle yes or no response for each question | | No (0) | Yes | s (1) |
| Do you snore? | | 0 | | 1 |
| You, or your partner, would consider you snoring louder than a person talking | | 0 | | 1 |
| Your snoring occurs almost every night | | | | 1 |
| Your snoring is bothersome to you bed partner | | 0 | | 1 |
| Do you feel that in some way your sleep is not refreshing or restful? | | 0 | | 1 |
| Do you wake up at night or in the mornings with headaches? | | 0 | | 1 |
| Do you experience fatigue during the day and have difficulty staying awake? . | | 0 | | 1 |
| Do you have trouble remembering things or paying attention during the day? . | | | | 1 |
| Do you have high blood pressure? | | 0 | | 1 |
| Total Score: | | | | |
| Section 4: Prior Diagnosis | | | | |
| Have you previously been diagnosed with sleep apnea? | | | | |
| If Yes: | | | | |
| When were you diagnosed? (Approximate MO/YR) | | | | |
| Were you put on CPAP therapy for treatment? | | | | |
| Are you still using your CPAP every night? | | | | |
| Total Score: | | | | |
| (Please insert any notes for the doctor regarding snoring, sleep patterns or sle | ep: | | | |
| apnea that you feel may be appropriate on back of page if necessary) | | | | |

| OFFICE USE ONLY | | | |
|-----------------------------|---------------------------|------------------------------------|--------------------------------|
| Advanced screening criteria | ı: If yes to any below, F | Pt. should be scheduled for advanc | ced OSA screening. |
| ESS Score ≥ 8? | Pt. Eval > 2? | Subjective Sleep Eval \geq 3? | Prior OSA Diagnosis ≥ 1 ? |



Symptoms Screening Form

Name _____ Age ___ Sex ___ Date ____

| Please circle any of the following sympton | oms you may have: |
|--|--|
| HEAD/FACE | NASAL |
| Forehead Temporal Tension headaches Migraine headaches Sinus headaches Back of head headaches Hair scalp tender to touch | 1. Sinus pain 2. Sinus problems 3. Post nasal drainage 4. Allergies |
| EAR 1. Ear pain without infection 2. Decreased hearing 3. Clogged, itchy or stuffy 4. Ringing, buzzing 5. Dizziness 6. Balance problems | EYES 1. Pain in/around eyes 2. Bloodshot eyes 3. Sensitive to light 4. Tearing of eyes 5. Blurred vision 6. Pressure behind eye |
| <u>THROAT</u> | NECK |
| Swelling difficulties Feeling of foreign object in throat Sore throat without infection Voice changes Laryngitis Frequent coughing or clearing | Lack of mobility Stiffness Neck pain Tired/sore neck muscles Shoulder pain Back pain: middle, lower Arm/finger pain/numbness |
| JAW | <u>MOUTH</u> |
| Jaw pain Jaw joint pain Clicking/popping jaw joint Grating sound in jaw joint Pain in cheek muscles Uncontrollable jaw movements Jaw locks open/shut Deviates to one side on opening or closing | Abnormal opening Limited opening Bad bite Missing teeth Excessive mouth breathing Clench or grind teeth Mouth discomfort Inability to find "bite" |

Acknowledgment of Receipt of Privacy Notice and Dental Material Fact Sheet

This document acknowledges that you have received a copy of or have been given access to:

1. Notice of Privacy Practices

Relationship to Patient

2. Dental Material Fact Sheet (available in our office or at the following web site: http://www.dbc.ca.gov/formspubs/put_dmfs2004.pdf

This document is not a contract, authorization, or release form. This document will remain in your records. ☐ From time to time we apprise our clients of events that may be of interest to them via email or mail. Please check here if you do NOT wish to be notified of such events. ☐ E-mail address I, _______, acknowledge that I have received a copy of the Notice of Privacy Practices and the Dental Material Fact Sheet. Patient's Signature Date If the patient is a minor, a parent or legal guardian must sign. Parent or Legal Guardian Date

Barbara Mallonee, DDS, Inc.

NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW HEALTH INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

PLEASE REVIEW IT CAREFULLY THE PRIVACY OF YOUR HEALTH INFORMATION IS IMPORTANT TO US

OUR LEGAL DUTY

We are required by applicable federal and state law to maintain the privacy of your health information. We are also required to give you this notice about our privacy practices, our legal duties, and your rights concerning your health information. We must follow the privacy practices that are described in this Notice while it is in effect. This Notice takes effect (MM/DD/YR), and will remain in effect until we replace it.

We reserve the right to change our privacy practices and the terms of this Notice at any time, provided such changes are permitted by applicable law. We reserve the right to make the changes in our privacy practices and the new terms of our Notice effective for all health information that we maintain including health information we created or received before we made the changes. Before we make a significant change in our privacy practices, we will change this Notice and make the new Notice available upon request.

You may request a copy of our Notice at any time. For more information about our privacy practices, or for additional copies of this Notice, please contact us using the information listed at the end of this Notice.

USES AND DISCLOSURES OF HEALTH INFORMATION

We use and disclose health information about you for treatment, payment, and healthcare operations. For example:

Treatment: We may use or disclose your health information to a physician or other healthcare provider providing treatment to you.

Payment: We may use and disclose your health information to obtain payment for services we provide to you.

Healthcare Operations: We may use and disclose your health information in connection with our healthcare operations. Healthcare operations include quality assessment and improvements activities, reviewing the competence or qualifications of healthcare professional, evaluating practitioner and provider performance, conducting training programs, accreditation, certification, licensing or credentialing activities.

Your Authorization: In addition to our use of your health information for treatment, payment or healthcare operations, you may give us written authorization to use your health information or to disclose it to anyone for any purpose. If you give us an authorization, you may revoke it in writing at any time. Your revocation will not affect any use or disclosures permitted by your authorization while it was in effect. Unless you give us a written authorization, we cannot use or disclose your health information for any reason except those described in this Notice.

To Your Family and Friends: We must disclose your health information to you, as described in the Patient Rights section of this Notice. We may disclose your health information to a family member, friend, or any other person to the extent necessary to help with your healthcare or with payment for your healthcare, but only if you agree that we may do so.

Persons Involved in Care: We may use or disclose health information to notify, or assist in the notification of (including, identifying, or locating) a family member, your personal representative, or another person responsible for your care, of your location, your general condition, or death. If you are present, then prior to use or disclosure of your health information, we will provide you with an opportunity to object to such uses or disclosures. In the event of your incapacity or emergency circumstances, we will disclose health information based on a determination using our professional judgment disclosing only health information that is directly relevant to the person's involvement in our healthcare. We will also use our professional judgment and our experience with common practice to make reasonable inferences of your best interest in allowing a person to pick up filled prescriptions, medical supplies, x-rays, or other similar forms of health information.

Consent

I acknowledge that the Practice has explained to me in general terms, the diagnosis of my condition, the basis for their Treatment plan recommendations, the alternatives (including non-treatment) and the risks and inconveniences. I have been given the opportunity to ask any questions and any such questions have been answered or explained to my satisfaction.

By signing below, I acknowledge that I have been given time to read and have read the preceding information in this document and I agree to assume the risks and any inconveniences of my treatment.

I consent to the making of records, including x-rays, photographs, prescriptions, and other information, which may include for treatment: payment, or healthcare operations, including disclosure of personal information before, during, and after treatment (together "Records"). The Practice may disclose my Records to laboratories, other dental offices or professionals involved in my care, and to my insurance providers.

I understand this form and consent to performance of the Treatment Plan as described herein.

| Patient Name: | Signature: | Date: |
|---------------|------------|-------|
| | | |

Patient's Authorized Representative

(If patient is under 18 years of age, or your consenting to the care of another) I have the legal authority to sign this consent on behalf of:

| Patient Name: | | |
|-------------------------------|------------|-------|
| Your Relationship to Patient: | Signature: | Date: |



| 1 | , hereby authorize |
|---|-----------------------------|
| Or. Mallonee and/or assistant to take photographs, slide face, jaws, and teeth. | s and/or videos of my body, |
| understand that the photographs, slides, and/or videos my care, and may be used for educational purposes in le professional publications. | |
| n addition, they may be presented on Dr. Mallonee's we media video sites for reasonable marketing purposes. | bsite, or any other social |
| further understand that if photographs, slides, and/or warketing purposes, publications, or as part of any demattempts will be made to conceal my identity. | • |
| | |
| | |
| PATIENT'S SIGNATURE | DATE: |
| E A MINOR CICNATURE OF CHARRIAN OR RADENT | DATE |
| F A MINOR, SIGNATURE OF GUARDIAN OR PARENT | DATE: |
| DOCTOR'S SIGNATURE | DATE: |

Oral Screening Consent Form

Complete each time the examination is performed and place in the patient's file

Our practice continually looks for advances to ensure that we are providing the optimum level of oral health care to our patients. We are concerned about oral cancer and look for it in every patient.

One American dies every hour from oral cancer. Late detection of oral cancer is the primary cause that both the incidence and mortality rates of oral cancer continue to increase. As with most cancers, age is the primary risk factor for oral cancer. Tobacco and alcohol use are other major predisposing risk factors but more than 25% of oral cancer victims have no such life style risk factors. Studies also suggest that human papillomavirus (HPV) plays a roll in more than 20% of oral cancer causes. * Oral cancer risk by patient profile as follows:

Increased risk: patients ages 18-39

-sexually active patients (HPV)

High risk: patients age 40 and older; tobacco users (ages 18-39, any type

within 10 years)

Highest risk: patients age 40 and older with lifestyle risk factors (tobacco and/or

alcohol use); previous history of oral cancer

We have recently incorporated VELscope powered by Sapphire into our oral screening standard of care. We find that using VELscope powered by Sapphire along with a standard oral cancer examination improves the ability to identify suspicious areas at their earliest stages. VELscope Powered by Sapphire, along with the doctor's visual exam, is similar to proven early detection procedures for other cancers such as mammography, Pap smear, and PSA. VELscope powered by Sapphire is a simple and painless examination that gives the best chance to find any abnormalities at the earliest possible stage. Early detection of pre-cancerous tissue can minimize or eliminate the potentially disfiguring effects of oral cancer and possibly save your life. The VELscope powered by Sapphire exam will be offered to you annually.

| This enhanced examination is recognized by the American Dental A | ssociation code revision committee as |
|---|---|
| CDT-2007/08 procedure code D0431; however, this exam might no | ot be covered by your insurance. The fee for this |
| enhanced examination is | |
| | |
| ☐ Yes. I would prefer to have the VELscope powered by Sapphire | e exam at this time. |
| $\ \square$ No. I would prefer not to have the VELscope powered by Sapp | hire exam at this time. |
| | |
| Print Name | _ |
| Signature | Date |





DRIVING DIRECTIONS

We are located just north of MacArthur Blvd, on the northwest corner of Coast Highway and Avocado. Turn west on Avocado and make your first right into the parking garage (Coast Business Center). Take the elevator to the "G" level. Walk through courtyard to Suite 140.

